



January 2026

Mnidoo-Giisoons

Little Spirit Moon is the twelfth moon of Creation, a very spiritual time. At this time all Creation is being reminded of their journey set out by the Creator. During this time, the Little Spirit Moon journey to Turtle Island, as a healer and a seer in the hearts of all Creation. This is to ensure that the strength and power of the flourish with the identity and diversity to make the journey from this to the next visit.

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Mnidoo-Giisoons

Little Spirit Moon

**BUS RUN WILL NOT BE RUNNING DURING -
DEC 19, 2025 AT 12PM UNTIL JAN 5, 2026**



Chippewa Transit



NEW SCHEDULE

<u>Morning Run:</u>		<u>Afternoon Run:</u>	
Heading into London Pick-up/Drop-off		Heading Into London Pick-up/Drop-off	
Bear Creek Gas Bar	7:15am	Bear Creek Gas Bar	3:45pm
Chippewa Community Centre	7:30am	Chippewa Community Centre	4:00pm
Oneida Community Centre	7:45am	Oneida Community Centre	4:15pm
Fanshawe College	8:15am	Fanshawe College	4:45pm
White Oaks Mall	8:35am	White Oaks Mall	5:05pm
Westmount Mall	8:55am	Westmount Mall	5:25pm
Returning to Nation Drop-off Only		Returning to Nation Drop-off Only	
Oneida Community Centre	9:30am	Oneida Community Centre	6:00pm
Chippewa Community Centre	9:40am	Chippewa Community Centre	6:10pm
END OF RUN		END OF RUN	

Chippewa Transit follows all Middlesex County bus cancellations

TRANSIT INQUIRIES: 226-386-6545

TRANSPORTATION@COTTFN.COM

GOOD TO KNOW

Hard copies of Council Meeting Minutes can be picked up at the band office. Alternatively, members can also request to have Meeting Minutes mailed out to them. Please direct all inquiries to Justine Doxtator at jdoxtator@cottfn.com, or by calling 519-289-5555 ext 229.

Regular Council Meetings

Members wanting to meet with council are requested to contact Justine Doxtator - jdoxtator@cottfn.com to arrange a time slot on their agenda.

Garbage Run

Tue Dec 23, 2025
Tue Dec 30, 2025



Recycling Run

Sat Dec 27, 2025
Sat Jan 3, 2026



Chippewa Ice Time

at Mt Brydes Arena



Beginning October 5th

Sundays 3pm to 6pm

Pucks and Sticks for last hour

Water Delivery for Seniors
Tues Dec 23, 2025
Tues Dec 30, 2025





Chippewas of the Thames First Nation
Programs and Services will be CLOSED
from December 19, 2025 at 12:00 NOON
to January 2, 2026.

All Offices will reopen on
January 5, 2026 at 8:30 AM

**Wishing you and your
families a**

MERRY

Christmas 

 & a Happy New Year



🎄 Holiday Closure Notice 🎄

The Child, Youth & Family Well-Being Services Department will be closed for the holiday season beginning Friday, December 19, 2025 at 12:00 p.m., and will reopen on Monday, January 5, 2026.

If you experience an emergency and need to reach a Band Representative during this time, please contact Danielle Grosbeck, Director of Child, Youth & Family Well-Being Services, at 519-878-0721.

Wishing you and your family a warm, safe, and joyful holiday season. ☃



Congratulations
**STUDENT
AWARDS**

DESHKAN ZIIBIING CHIPPEWAS OF THE
THAMES FIRST NATION GAGIGE
GIKINOMAAGOZIWIN BOARD OF EDUCATION

Class of 2025

Program

December 5, 2025

5:00pm-8:00pm

Antler River Elementary School

5:00pm DINNER

6:00pm-7:00pm Awards Ceremony

Emcee- Kristen Hendrick

Opening Song - Eagle Flight

Opening Prayer - Sydney Kechego

Welcoming Address: Steve Styres, Life Long Learning Director

Guest Speakers

Sydney Kechego - Post-Secondary

Award Presentations

Elementary School

Secondary School

Post-Secondary

Honour Song - Eagle Flight

Chi Miigwech

Board of Trustees

Cathy Kechego, Co-Chair

Gina McGahey, Co-Chair

Frank French

Cheryl Riley

Terri Fisher

Mary Deleary

Andie Albert

Evelyn Young

Shania Albert

Board Of Education Staff

Steve Styres, Life Long Learning Director

Tyanna Soucy, Secondary School Advocate

Debbie Dolson, Post-Secondary Counsellor

Chantelle Fisher, Admin/Finance

Daphne Kechego, Reception

Maraika Doucet, HR

Eagle Flight Singers

Kickin Wings Catering

Lynx Ent

Antler River Elementary Grade 8 Graduates 2025



Curtis Albert
Vincent Elijah
Sincere Elijah-French
Alex Henry
Jeniston Henry
Cacey Hill
Josh Hill
Jettah Kechego
Rylin Kechego
Vernon Medeiros-Halfday
Dakota Partridge-Sturgeon
Francis Snake
Chrysah Wolfe



Secondary School Student Awards 2024-2025

Highest Achievement

Saunders Secondary School

Matteo-Cady Hill

Hannah Deleary

Christopher Hendrick

Alexandra Dolson

Taryn Doxtator

Tyla Burch

Makenzie Albert

Miley Burch

St. Andre Bessette

Aiyana Chrisjohn

Maddie Chrisjohn

Milo (Emma) Elijah-Chrisjohn

SDCI

Chayten Miskokomon

Lawson Miskokomon

Academic Improvement

SDCI

Jayda Albert

Corbin Hendrick

Chayten Miskokomon

Makenzie Albert

Saunders Secondary School

Makenzie Albert

Drake Boddy

Christopher Hendrick



Grade 12 Graduates

SDCI

Dante (Diego) Fisher Albert

Saunders Secondary School

**Lorenzo Arcia-Deleary
Domnick Dolson
Liam Peters-Albert**

SWAC Alternative Secondary School

**Marissa Flores-Kechego
Christina Riley
Hunter Bressette
Dravin Albert-Burch
Shawnessy Elijah
Darren Elijah
Shaeden Beeswax**

Highest Achievement 6 Credits Graduating Students

**Darren Elijah
Alternative Secondary School**

**Christina Riley
Alternative Secondary School**



Post-Secondary Student Awards

2024-2025

Graduate Studies Scholarship

**Andie Albert, Doctor of Philosophy in
Geography and Environment, Western
University**

B Scholarship

**Judy Dyer, Paswe'aatigook Anishinaabemowin
Language, Fanshawe College**
Janessa French, Nursing, University of Alberta
**Niigoni White-Eye, Bachelor of Human
Geography, UBC**



A Scholarship

Clarity Albert-Hill, Paswe'aatigook Anishinaabemowin Language, Fanshawe College

Sydney Blackwell, Bachelor of Science, UBC

Christina Borris, Social Service Worker, Durham College

Shauntee Centen, Graphic Design, Fanshawe College

Kayla Deleary, Indigenous Studies, Carleton University

Mackenzie Deleary, Medical Doctor Program, McMaster University

Taylor Deleary, Indigenous Studies, Western University

Candace Doxtator, Master of Public Administration, Queen's University

Andria Dyer, Paswe'aatigook Anishinaabemowin Language, Fanshawe College

Chantal Fisher, Master of Professional Education, Western University

Colin French, Executive Master of Business Administration, University of Fredericton

Joseph Jones-Fisher, Bachelor of Creative Technologies, University of Regina

Sage Liliberte, Indigenous Studies, Carleton University

Julie MacFarlane, Master of Professional Education, Western University

Danielle (Zee) Riley, Indigenous STEM Access Program, Lakehead University

Nyomie Simpson, Bachelor of Fine Arts, Institute of American Indian Arts

Claire Thrower, Bachelor of Science, Dalhousie University

Jiindazay White-Eye, Bachelor of Science, Humber-Guelph University

Tyler Young, CICE Program, Lambton College

2024–2025 Graduates

Alexis Albert, Master (Hons) of Social Work (Dean's List), Wilfred Laurier University

Jadin Albert, Bachelor of Education, University of Windsor

Carleigh Simone Barnett, Paswe'aatigook

Anishinaabemowin Language Certificate, Fanshawe College

Wasnanaa Blyde, Developmental Service Worker Diploma, St. Clair College

Jesmine Craig, Paswe'aatigook Anishinaabemowin Language Diploma (President's Honour Roll), Fanshawe College

Julia Craig, Paswe'aatigook Anishinaabemowin Language Diploma, Fanshawe College

Shannon Craig, Paswe'aatigook Anishinaabemowin Language Diploma (President's Honour Roll), Fanshawe College

Aaron Critchley, Bachelor of Social Science Degree, Conestoga College

Breannah Dejong, Bachelor of Speech and Language Degree (First-Class Standing), Brock University

Jade Fisher, Master of Science in Biochemistry, University of Regina, NSERC Canada Graduate Studies Award, Chemical Institute of Canada Student Award.

Terri Fisher, Paswe'aatigook Anishinaabemowin Language Diploma (President's Honour Roll), Fanshawe College

Tyler French, Paswe'aatigook Anishinaabemowin Language Diploma (President's Honour Roll), Fanshawe College

Christina Graham-Brandeau, Bachelor of Criminology Degree (Hons), Wilfred Laurier University

Jeremy Hendrick, Paswe'aatigook Anishinaabemowin Language Diploma, Fanshawe College

Monica Hendrick, Paswe'aatigook Anishinaabemowin Language Diploma, Fanshawe College



2024-2025 Graduates

Carla Jones, Bachelor of Nursing Degree, New Mexico State University

Emily Kechego, Social Service Worker Diploma (Academic Honours), F.N.T.I

Sydney Kechego, Paswe'aatigook Anishinaabemowin Language Diploma, Fanshawe College

Shauna Kechego-Nichols, Paswe'aatigook Anishinaabemowin Language Diploma (Dean's Honour Roll), Fanshawe College

Giselle Krajcer, Office Administration- Health Services Diploma, Fanshawe College

Shantelle Krajcer, Master of Science in Occupational Therapy, Western University

Aspyn Krizanovic, Liberal Arts Diploma, St. Clair College

Amber Olson, Practical Nursing Diploma, A.E.I.

Courtney Riley, Paswe'aatigook Anishinaabemowin Language Diploma (President's Honour Roll), Fanshawe College

Keithera Riley, Paswe'aatigook Anishinaabemowin Language Diploma, Fanshawe College

Jason Rollison, Bachelor of Science Degree, MacEwan University

Natalie Coby Smith, Paswe'aatigook Anishinaabemowin Language Certificate, Fanshawe College

David Sturgeon, Oneida Language Certificate, Fanshawe College

Jasmine Sturgeon, Mental Health and Addiction Worker Diploma, F.N.T.I

Victoria Sturgeon, Paswe'aatigook Anisinaabemowing Language Diploma (President's Honour Roll), Fanshawe College

Shelby Thrower, Bachelor of Education, Western University

Mackenzie Vandermeer-Roth, Veterinary Assistant and Office Administration Certificate (Director's Honour Roll), Guelph University

Melissa Jean Ventura-Sturgeon, Bachelor of Health Administration Degree, Toronto Metropolitan University

Emma Young, Master of Geography, University of Toronto



ENJI MAAJITAAWAAD CHILD & FAMILY EARLYON

Gchi-mnidoo-giizis

Big Spirit Moon



JANUARY 2026

Niihwaaso giizhgad	Ntam giizhgad	Niizo giizhgad	Niizho giizhgad	Niivo giizhgad	Naano giizhgad	Ngodwaaso giizhgad
Closed for Winter Holidays						
4	5 Virtual Program The Clothing Song	6 Play & Connect Snow Sensory Play	7 Anishinaabemowin with Russ Story & Crafts	8 Family Outing Funvilla 5:30pm	9 Maamwi Gindaasdaa TBA 8am	10
11	12 Miinwaa Paamsedaa Komoka 10am	13 Activity Kit: Winter Snow Activity Kits 8am	14 Anishinaabemowin with Russ Story & Crafts 5:30pm - 6:30pm	15 Play & Connect Free Play 10am - 12pm	16 Virtual Program Potty By: Leslie Patricelli	17 Family Outing Storybook Gardens Skate Trail
18	19 Virtual Program Winter Activities	20 Maamwi Gindaasdaa Pancake Faces 10am - 12pm	21 Anishinaabemowin with Russ Story & Crafts 5:30pm - 6:30pm	22 Family Outing Fleetway Indoor Play Area 5:30pm	23 Activity Kit: Anishinaabemowin Flashcards 8am	24
25	26 SLCP Parent & Tot Swim (0-6 years)	27 Play & Connect Free Play 10am - 11am	28 Anishinaabemowin with Russ Story & Crafts 5:30pm - 6:30pm	29 Play & Connect Animal Prints 10am - 12pm	30 Virtual Program Tubby By: Leslie Patricelli	31

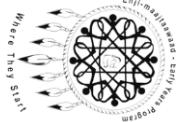
Contact: Amanda Hutton

Address: 330 Chippewa Rd., Muncey

Tel: 519-289-0584

Email: ahutton@cottfn.com

If you have any questions please don't hesitate to call, or email me. Miigwech!





Anishinaabemowin Word of the Day

A Anishinaabemowin word/phase will be posted each day of the week.

Virtual

Videos will be posted throughout the month.

Play & Connect:

*Registration is required. Lunch is provided.

Wegonesh: Snow Sensory Play

Aapiish: Enji-Maajtawaad Early Years

Aaniish pii: Tuesday January 6th, 2026

Time: 10am - 12pm

Wegonesh: Free Play

Aapiish: Enji-Maajtawaad Early Years

Aaniish pii: Thursday January 15th, 2026

Time: 10am - 12pm

Wegonesh: Free Play

Aapiish: Enji-Maajtawaad Early Years

Aaniish pii: Tuesday January 27th, 2026

Time: 10am - 12pm

Wegonesh: Animal Tracks

Aapiish: Enji-Maajtawaad Early Years

Aaniish pii: Thursday January 29th, 2026

Time: 10am - 12pm

Maamwi Gindaasdaa

Wegonesh: Book: Over and Under the Snow

Aapiish: Enji-Maajtawaad Early Years

Aaniish pii: Friday January 9th, 2026

Time: 8am

Note: 15 Books will be available on a first come, first served basis only.

Anishinaabemowin with Russ

*Registration is required. Supper provided.

Wegonesh: Learning Anishinaabemowin

(Crafts, Activities, Songs & Stories)

Aapiish: Enji Maajtawaad Early Years

Aaniish pii: Wednesday December 10th, 17th, 2025

Time: 5pm - 6:30pm

Our EarlyOn programs are for families with children 0-6 years of age. Registration is required.

To register contact Amanda at:



SLCP

*Registration is required.

Wegonesh: Parent & Tot swim (0-6 years)

Aapiish: 585 Bradley Ave, London

Aaniish pii: Monday January 26th, 2026

Time: 10am - 11am

Activity Kits

Wegonesh: Winter Activity Kit

Aapiish: Enji Maajtawaad Early Years

Aaniish pii: Tuesday January 13th, 2026

Wegonesh: Anishinaabemowin Flash Cards

Aapiish: Enji Maajtawaad Early Years

Aaniish pii: Tuesday January 13th, 2026

Time: 8am

Note: 15 Kits will be available on a first come, first served basis only.

Family Outings

*Registration is required. Limited Spots.

Wegonesh: Funvilla

Aapiish: 1305 Commissioners Rd., London

Aaniish pii: Thursday January 8th, 2026 at 5:30pm

Wegonesh: Fleetway's Indoor Play Area

Aapiish: 720 Proudfoot Lane

Aaniish pii: Thursday January 22nd, 2026 at 5:30pm

Miami Gindaasdaa:

*Registration is required.

Wegonesh: Pancake Faces

Aapiish: Enji Maajtawaad Early Years

Aaniish pii: Tuesday January 20th, 2026

Time: 10am - 12pm

Miami Gindaasdaa:

*Registration is required.

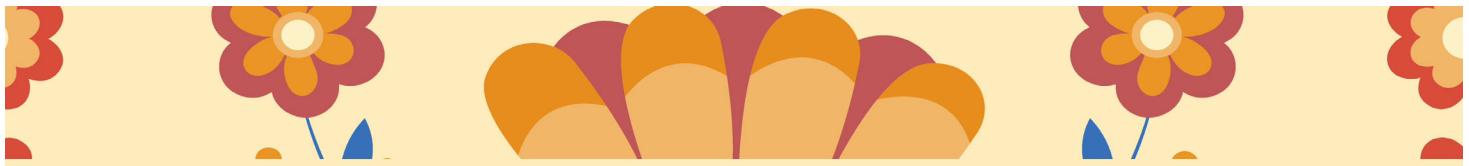
Wegonesh: Miinwaa Paansedaa

Aapiish: Komoka

Aaniish pii: Monday January 12th, 2026

Time: 10am - 12pm

Come out and play! Join me for interactive sessions that promote learning through play, creativity, and social interaction. Whether it's arts and crafts, storytime, or outdoor games, there's something for everyone! Bring your little ones to explore, learn, and



Jordan's Principle



What is Jordan's Principle?

Jordan's Principle is a child-first principle that ensures all First Nations children living in Canada can access the products, services, and supports they need, when they need them, without denial, delay, or disruption due to their First Nations status.

In order to access funding, a request needs to be submitted to Indigenous Services Canada and approved.

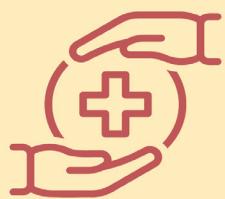


What is the role of a Navigator?

The role of a Jordan's Principle Navigator is to assist First Nations children and their families in navigating existing community, provincial, and federal systems, as well as the full scope of Jordan's Principle. We assist by identifying what supports may be requested and by helping to remove the stress of administrative burdens.

Services & Supports

Items, services, and supports may address a range of health, social, and educational needs. Each child is unique, and all requests are reviewed by Indigenous Services Canada on a case-by-case basis.



Jordan's Principle and its substantive equality principles focus on the best interests of the child and the self-determination of First Nations peoples by using a holistic approach and providing culturally appropriate services.

Jordan's Principle Staff

Jordan's Principle Supervisor

Jordan's Principle Navigator

HR DEPARTMENT

JANUARY 2026

We are grateful to be back in the office after a wonderful holiday break and are looking forward to the year ahead at COTTFN.

The Human Resources Department is pleased to share a staffing update with the community.

In December 2025, we welcomed a new team member to Chippewas of the Thames First Nation:

- Ashley Mostafa – Housing Manager

Please join us in welcoming Ashley to COTTFN and supporting her in this important role.

As COTTFN continues to grow, we will be posting new employment opportunities on the COTTFN website and encourage community members to apply. If you are looking for general support with your resume, are exploring a career change, or would like to talk about future career opportunities with the Nation, feel free to reach out to the HR Department—we welcome the chance to get to know you.

We also have many new employees set to start with COTTFN in January, and we look forward to sharing more about them in our next newsletter!

Miigwech,
Human Resources Department
Chippewas of the Thames First Nation

SUICIDE PREVENTION TRAINING

FEBRUARY 7TH AND 8:TH 8:30-4:30

Attending this two-day course will train you to intervene with an individual who is thinking about suicide.

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

This workshop contains content that may be upsetting for some people, especially those who have lost a loved one to suicide

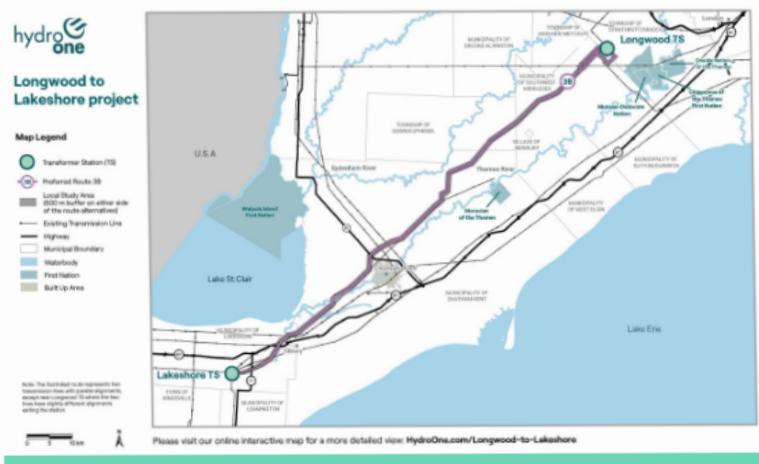
****FOOD PROVIDED****

Please Register with
TNICHOLS@COTTFN.COM

Deadline Extended

Power Line Survey

<https://survey.sogolytics.com/r/LXL>



Hydro One is planning two new single-circuit 500 kilovolt (kV) transmission lines from Longwood Station (near Melbourne) to Lakeshore.

All COTTFN citizens 18+ are invited to fill out this survey to help us better understand potential impacts of the project. The data is being collected by COTTFN's Treaties, Lands and Environment Department.

We appreciate all the responses so far!

NEW Cash Prize Draw - Fill it out by January 14th

Only complete once. Please include contact info if you want to enter the draw.

Link to project information from Hydro One

<https://www.hydroone.com/about/corporate-information/major-projects/longwood-to-lakeshore>

Need a paper copy? Come to the office or contact 519-289-5555 ext. 236 / consultation@cottfn.com



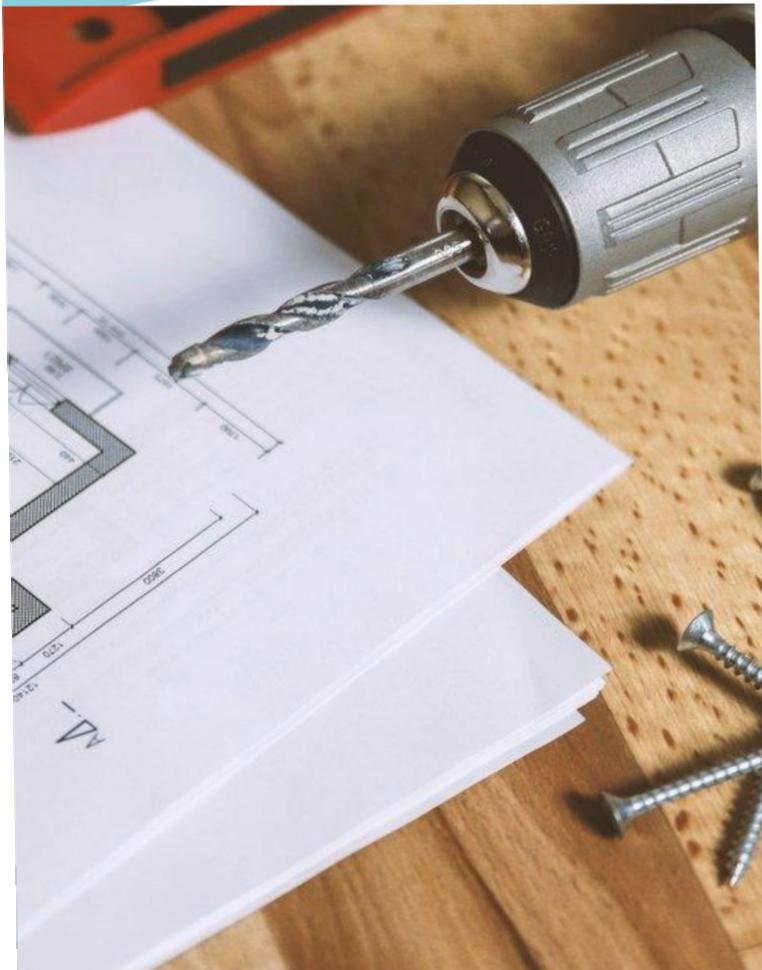
Deshkan Ziibiing
Chippewas of the Thames
First Nation Treaties, Lands
and Environment



Deshkan Ziibiing

Chippewas of the Thames First Nation

HOUSING



January 2026

Boozhoo / Greetings Community Members,

As we approach the holiday season, the Housing Department would like to share important updates, reminders, and our office closure dates. We wish everyone a safe, warm, and peaceful holiday filled with family, kindness, and rest.

The Housing Department supports Chippewas of the Thames First Nation by managing and maintaining community housing and helping members access safe, affordable homes. Our team oversees rental housing, property maintenance, tenant relations, inspections, and housing programs. We also develop policies and procedures, provide financial oversight, and plan for future housing growth to address the Nation's needs. Through partnerships with government agencies and internal departments, Housing works to improve living conditions, expand housing options, and maintain the value of our community's housing assets.

Message from the Housing Manager

My name is Ashley Mostafa, and I am honoured to begin my new role as Housing Manager for our community. Miigwech for the warm welcome and support I've received already.

My focus in the new year will be:

- Strengthening tenant communication
- Improving maintenance response times
- Ensuring fairness, accountability, and transparency
- Supporting responsible budgeting and planning
- Building strong partnerships with contractors, staff, and community members

Housing is not just about buildings — it's about safety, family, and belonging. I look forward to working with everyone in 2026.

Holiday Office Closures

The Housing Department will be **closed**:

- **December 22, 2025 – January 5, 2026**
- **Regular office hours resume January 5, 2026**

During this time, staff will not be available for non-urgent matters

Holiday Garbage/Recycle Pick-up

Tuesday December 23, 2025 & Tuesday December 30, 2025

Rent Payment Reminders (Tenants)

Rent is due the 1st of every month.

*****Rent Arrears: Please call or visit the Housing Department to set-up payment arrangements. A notice was sent to all individuals who are in arrears.**

Lease Agreement Renewals (Tenants)

Notices sent to all individual who must renew their lease agreement. Very important, please come to the housing office to sign.

All maintenance Issues During Regular Business Hours (Tenants)

Text or Call 1-519-319-0125

Housing Maintenance Checklist – December (For Tenants & Owners)

This checklist helps ensure homes are safe, warm, and in good condition during the winter months. If you notice any issues below, please contact the Housing Office.

Heating & Ventilation

- Furnace / heating system working properly
- Heat reaching all rooms evenly
- No loud noises, burning smells, or unusual sounds
- Baseboard heaters clear of furniture and curtains
- Vents not blocked

Plumbing & Water

- No leaking pipes, taps, or toilets
- Water pressure is normal
- Drains flowing properly
- No frozen or slow-moving pipes
- No water damage under sinks

Doors & Windows

- Exterior doors close and lock properly
- No drafts around doors or windows
- Weather stripping intact
- Windows fully closed and sealed

Electrical Safety

- No exposed or damaged wiring
- Outlets not overloaded
- Extension cords used safely and not under rugs
- Breakers not tripping frequently

Fire Safety

- Smoke alarms working (no chirping)
- Carbon monoxide detector working (if applicable)
- Clear space around heaters and stoves
- Safe use of holiday lights and decorations
- No flammable items near heat sources

Outdoor & Winter Safety

- Steps and railings secure
- Snow and ice cleared from entrances
- Outdoor lights working
- Pathways safe and visible

General Home Safety

- Floors clear of tripping hazards
- Hallways and exits clear
- No broken fixtures or loose handles
- Garbage removed regularly

Fire Safety - Holiday Season Reminders

Fire safety is extremely important during the winter months. Please keep your home and family safe by remembering the following:

1. Check Your Smoke Alarms

- Make sure smoke detectors are working
- Replace batteries if needed
- Do not remove or disable alarms

2. Safe Use of Heaters

- Keep heaters at least **3 feet** away from furniture, curtains, and bedding
- Never use the oven or stove to heat your home
- Do not place anything on top of space heaters

3. Kitchen Safety During Holiday Cooking

- Never leave cooking unattended
- Keep flammable items (towels, paper, plastic) away from the stove
- Turn pot handles inward to avoid tipping

4. Christmas Lights & Decorations

- Use CSA-approved lights
- Do not overload outlets
- Turn off lights before going to bed or leaving home
- Keep real trees watered to prevent drying out

5. Candle Safety

- Use battery-operated candles if possible
- If using real candles, keep them away from pets, children, and flammable materials
- Never leave candles burning unattended

6. Have an Escape Plan

- Make sure everyone in the home knows where to exit
- Keep hallways and doorways clear
- Practice fire safety with children

Tenant Reminders

- Keep pathways cleared of snow
- Report heating issues early
- Allow scheduled access for maintenance
- Avoid blocking vents, baseboards, and heaters
- Practice fire safety at all times

Miigwech for keeping our community safe this holiday season.

Emergency Maintenance During Closure and After-Hours (Tenants)

For **emergencies only**, please contact:

Emergency Housing Line: Ashley Mostafa Housing Manager 1-807-853-2642

Emergencies include:

- No heat
- Major leaks
- Electrical hazards
- Broken exterior doors
- Fire or smoke damage

All non-emergency repairs will be addressed once the office reopens on **January 5, 2026**

Housing Applications

Stay tuned! On-going housing applications to open in the New Year- 2026

First Nations Housing Market Fund Program

- For more information, please contact Scott Flamand at 705-618-1093 by text or email at flamandmservices@gmail.com Keep a look out upcoming workshops in January 2026!

Theme: Fire Safety

All entrees to be dropped off at the Housing Department no later than January 10/2026.

Please include name, age, phone number and address

Every Child/Youth is a Winner!

On behalf of the Housing Department, we wish all community members a safe, warm, and peaceful holiday season. Thank you for your patience and support as we work together to strengthen housing services for everyone.

Warm Holiday Wishes

Miigwech,
Ashley Mostafa
Housing Manager
1-807-853-2642
amostafa@cottfn.com

FIRE SAFETY



Name: _____

Age: _____

Kids & Youth (0 to 26) Colouring/Drawing Contest

December 15, 2025

On behalf of the family of the Late Tyler “GOALIE” Kechego we would like to send out a heart felt miigwetch to all the Fire Keepers - Dalton Kechego, Jaden French, Steve Sturgeon, Will, Sheldon Fisher, Michell Kechego, Brandon Sickles to all who tended the fire (sorry if I’m forgetting anyone), everyone who had donated coffee and food to the house. To Rene Burch, Paris Burch and Miley Burch for the delicious meal that they had served and prepared.

Miigwetch to the Chippewa Fire Department for the rental of the tent and the Chippewa Roads Department for the table and chairs, delivery of the wood when needed.

Your kindness will forever be held in our hearts.

Veronica, Dwight, Wyatt and Shelby Kechego, Alyssa, Ivan, Elaina and Aiyanna Chrisjohn



Healthy Lifestyles

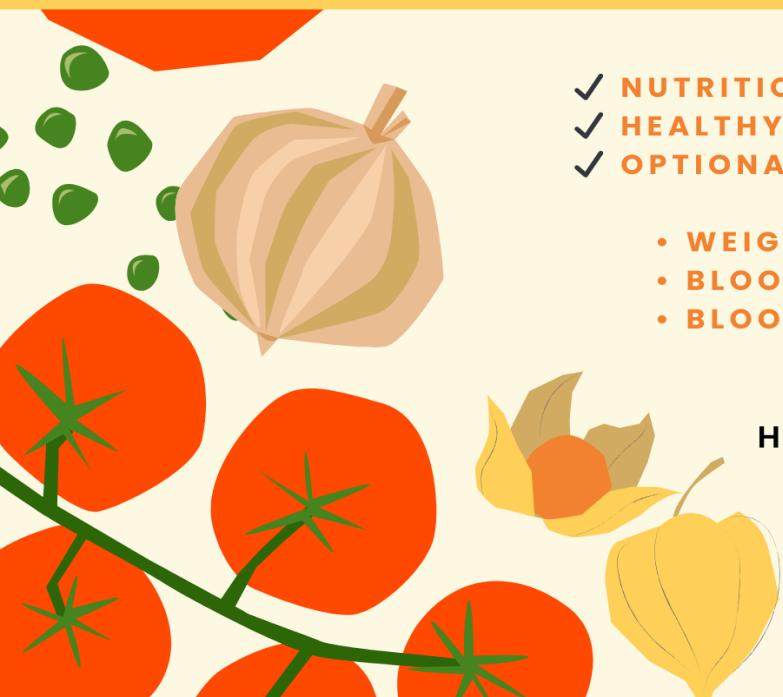
Nutrition Program

3 SIMPLE NUTRITION HABITS FOR A
HEALTHY START TO THE YEAR

JOIN US FOR A HEALTHY LIFESTYLE CLASS LED BY
A REGISTERED DIETITIAN.

LEARN PRACTICAL NUTRITION STRATEGIES TO
SUPPORT YOUR ENERGY AND LONG-TERM HEALTH.

THURSDAY, JANUARY 15TH
1PM - 3 PM



- ✓ NUTRITION PRESENTATION
- ✓ HEALTHY FOOD & BEVERAGES PROVIDED
- ✓ OPTIONAL HEALTH CHECKS UPON REQUEST:
 - WEIGHT UPDATES
 - BLOOD SUGAR TESTING
 - BLOOD PRESSURE CHECKS

HOSTED AT THE HEALTH CENTRE

CALL TO RSVP WITH THE
DIETITIAN REBECCA AT
519-289-5641

UPDATED AFR APPLICATION

CHIPPEWA ANISHINAABEK FOOD RIGHTS APPLICATION

Personal information provided on this form is kept confidential. Only statistical information will be reported.

Please Print Clearly

Part A: General Information

Please Circle One

Male/ Female On Rez/ Off Rez Age Group: 18-24 25-35 36-45 46-55 56-64 65+

Date: _____

First Name: _____ Last Name: _____

Address: _____
 Street City Postal Code

Phone No: _____ Email: _____

Band #: _____

Part B: Additional Household Members

Please lists all dependent adults and/or child(ren) within your household.

IDENTIFICATION MAY BE ASKED TO BE SHOWN AT TIME OF PICK UP:

Spouse/Dependent(s) Name:	Age:	If you require any of the following Items, please circle
1 _____	_____	1. Feminine Products
2 _____	_____	2. Tooth Brush
3 _____	_____	3. Tooth Paste
4 _____	_____	4. Deodorant
5 _____	_____	5. Depends - Please Circle Mens or Womens
6 _____	_____	
7 _____	_____	List any dietary restrictions (Food Allergies):
8 _____	_____	

Please circle 3 items if baby items are needed also please list diaper and pull ups sizes needed; Diaper size _____, Pull-ups _____, Wipes, Formula, Baby Cereal, Baby Snacks, Baby Body Wash, Baby Lotion

Part C: Financial Overview Information.

Please identify your monthly income by checking the appropriate box(es):

<input type="checkbox"/> Ontario Works	<input type="checkbox"/> Other (Please Specify):
<input type="checkbox"/> Disability-WSIB	<input type="checkbox"/> Employment Income
<input type="checkbox"/> ODSP	<input type="checkbox"/> Employment Insurance
<input type="checkbox"/> Student	<input type="checkbox"/> Old Age Security

Part D: Eligibility Criteria

- 1. THIS IS OPEN TO ALL CHIPPEWA MEMBERS ON & OFF RESERVE REGARDLESS OF INCOME**
- \$5.00** re-stocking fee payment is required to pick up a food box
- Last day of pick up posted will be the last day to pick any food hampers
- Only **one** food basket per household, per month due to limited funding available

Office Use

\$5.00 Paid :Initial Date of Pick Up: _____ Initial: _____



Deshkan Ziibiing
Chippewas of the Thames
First Nation

To submit a community posting please send it to newsletter@cottfn.com or drop off at the band office front desk.

Postings must be community-centric; not business advertisements or political.

Little Spirit Moon Prayer

Little Spirit Moon, I offer my tobacco and humble myself in the most respectful way as I was taught by my grandfathers and grandmothers. I ask at this time, of the Little Spirit Moon, for healing. This healing is for visions of the spirits and good health so I can walk this road with the purist energies of Creation.

Nookomis, I ask for these things, not only for myself but to share with my family and extended family. I ask for the families that have gone on to the spirit world and the families that will soon be here. Little Spirit Moon, I ask now for forgiveness for the things I do not speak of and the things I have forgotten. So I will be able to respect myself, for all that I am. Until the next time we meet,